

Carlingford Arms

Lounge Bar • Restaurant • Banqueting

A La Carte Menu

STARTERS

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- Garlic Mushrooms** in a light golden breadcrumb, tossed in garlic butter and served on a bed of mixed leaves and garlic mayonnaise (Vegan Option Available) €8.95 (3/8/V/GF)
- Chefs Homemade Soup of the Day** Served with fresh bread €6.95 (V/9/GF/VE)
- Prawn Cocktail** topped with marie-rose sauce on a bed of cos lettuce €9.95 (2/3/4/GF)
- Salt & Chilli Chicken** tossed in fresh chilli, rock salt and oriental vegetables, served with garlic & chilli mayo €10.95 (3/15)
- Our Award winning Chowder** - Chunky seafood cooked in a creamy white wine sauce served with homemade wheaten bread €13.95 (2/3/4/9/14/GF)
- Carlingford Lough oysters** Famous locally grown oysters opened to order 1 Dozen €14.95 (V/15)
½ Dozen €10.95
- Melon, Banana & Strawberry Melody** served with a sorbet €8.95 (V/VE/GF)
- Tempura Cauliflower** served with an oriental sauce and freshly tossed salad €9.95 (V/15/7)
- Cajun Chicken & Bacon Caesar** Cajun chicken breast served with crispy bacon lardons, garlic croutons & Caesar dressing €9.95 (15/2/GF option)
- Garlic Bread** topped with a garlic & herb butter; mozzarella served with garlic aioli €7.95 (15/8)
- Creamy Chicken & Mushroom Vol-au-vent** Sauté chicken and mushrooms cooked in a creamy white wine sauce served on a bed of mixed leaves. €9.95 (15/8/9)

Mains

- Carlingford Arms BLT** served with hand-cut chunky chips & cup of soup (Served until 6pm) €14.95 (8/9/15)
- Breast of Chicken Curry** sauté pieces of chicken breast fillet cooked in our secret spice blend served with steamed rice and hand-cut chips €17.95 (GF/10/9/12)
- Breaded Breast of Chicken** with creamy pepper sauce, served with champ and fresh vegetables €16.95 (3/8/15)
- Chicken Sizzler** tender pieces of chicken breast tossed in our oriental sauce with wok vegetables, served with boiled rice and hand-cut chips €18.95 (GF/10/7/12)
- 12oz Sirloin Steak** cooked to your liking, served with sauté onions, mushrooms, creamy pepper sauce and a potatoes of your choice €29.95 (12/15/GF Option)
- The Famous Chuck Wagon** 8oz sirloin steak, grilled breast of chicken, fresh scampi, sauté onions, mushrooms, pepper sauce and a choice of potatoes €31.95 (2/3/4/8/15)
- Steak Sandwich** prime 8oz sirloin steak, cooked to your liking, served on chefs' choice of bread, with sauté onions, mushrooms, pepper sauce and a choice of potatoes €23.95 (15/12)
- Carlingford Arms 8oz Steak Burger** in a brioche bun topped with crispy onions, lettuce, tomato and cheese, served with hand-cut chips and a pepper sauce €16.95 (3/8/15/12)
- Oven Baked Lasagne** Irish steak mince cooked in a rich tomato ragu, layered with bechamel sauce and pasta, served with house salad and hand-cut chips €16.95 (3/8/9/GF)

OPEN FOR FOOD
7 DAYS PER WEEK



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Freshly Battered Cod - Morgans finest fresh cod battered to order. Served with homemade tartar sauce and hand-cut chips	€21.95 (4/15)
Jumbo Scampi Locally sourced jumbo scampi coated in a golden crumb, served with house salad, tartar sauce & hand-cut chips	€24.95 (2/3/4/8/14/15)
Oyster au Gratin 12 Carlingford Lough Oysters topped with crispy bacon, a rich cheese sauce and oven baked	€19.95 (2/8/14/15)
Carlingford Arms Vegan Curry fresh vegetables cooked in our secret spice blend served with steamed rice and hand-cut chips	€16.95 (VE/V/9/10/12)
Oven Baked Vegan Lasagne - Mediterranean grilled vegetables tossed in a rich tomato and vegan bechamel sauce, layered with gluten free pasta sheets & topped with vegan cheese. Served with hand-cut chips and house salad	€16.95 (VE/V)
Vegetable Stir Fry tossed in our oriental sauce with wok fried vegetables, served with egg noodles and hand-cut chips	€17.95 (V/VE/7/12/10/GF Option) Add Chicken €3 extra

Sides: €3.25

- Chips - Skinny Chips - Champ - Mash - Baby Boiled Potato - Diced Garlic Potato
- Side Salad - Selection of Vegetables - Mushy Peas - Onion Rings -
- Tobacco Onions - Pepper Sauce - Curry Sauce -
- Sugar Snap Peas garnished with Bacon & Onions - Coleslaw - Stuffing

Baked Beans - Gravy - Bread €2.50

Dips €2.00

All our fish is locally sourced from Morgan's Fine Fish, Omeath.

All our meat is sourced locally from McEneaney's Meats.

Our poultry is sourced locally from Tony Kieran's.

Our poultry & pork is sourced locally from Watters.

Desserts

Selection of Desserts Available please Ask your Server for the Menu

Tea / Coffee, Speciality Coffee, Cocktails Available

**** Please advise your server of any allergens ****

First Class Accommodation available - Ask a member of staff

0035342 9373418

Email: admin@carlingfordarms.com

Website: www.carlingfordarms.com

Carlingford Arms, Newry Street, Carlingford, Co. Louth

GF - GLUTEN FREE	V - VEGETARIAN	2 - CRUSTACEANS	3 - EGGS	4 - FISH
5 - PEANUTS	6 - NUTS	7 - SOY BEAN	8 - MILK PRODUCTS	9 - CELERY
10 - MUSTARD	11 - SESAME SEEDS	12 - SULPHAR DIOXIDE	13 - SULPHATES	
14 - MOLLUSCS	15 - GLUTEN	VE - VEGAN		

